

FRESH NOTES

ABYSSINIA BAPTIST CHURCH

July - Vol. 22.07

Christian Fellowship
Is Essential To Spiritual Growth!
We Invite You To Come Fellowship With Us & Be
Blessed By The Word!

Pastor Robert W. Trice, Jr.
4705 Addison Road
Capitol Heights, Maryland 20743
E-mail address: abyssiniabaptist@comcast.net
Website: www.abyssiniabaptistonline.org
Church: (301) 773-4712 - Fax: (301) 773-4636

I'M B.A.D., ARE YOU?

While shopping at a local Wal-Mart, I spotted a man with an acronym on his shirt that had **B.A.D.** Me, being the person that I am (curious), I stopped the man and asked, "What does **B.A.D.** stand for?" And trust me, you'll be amazed at what his response was.

He replied, **B.A.D.** stands for: "**Blessed And Delivered!**" That thought stuck with me as I finished doing my shopping that day. So I came up with a little advice for you today.

1. When the enemy tries to attack you, be **B.A.D.**
2. When things don't seem to be going right on your job, be **B.A.D.**
3. When things are not looking good in your marriage, be **B.A.D.**
4. When folks scandalize your name, just be **B.A.D.**
Get with somebody who you know that you can be **B.A.D.** with!!!

May God Bless You And Have A **B.A.D.** Day!!!

HAPPY
BIRTHDAY
JULY Saints!



EMERGENCY TELEPHONE NUMBERS

The following are more effective than 911. Call when . .

John 14	You are sad
Psalms 51	You have sinned
Psalms 91	You are facing danger
Psalms 27	People have failed you
Psalms 139	It feels as though God is far from you
Hebrews 11	Your faith needs stimulation
Psalms 23	You are alone and scared
Matthew 8:34	You are worried
1 Corinthians 13	You are hurt and critical
2 Corinthians 5:15-18	You wonder about Christianity
Romans 8:31-39	You feel like an outcast
Matthew 11:25-30	You are seeking peace
Psalms 90	You feel the world is bigger than God
Romans 8:1-30	You need Christ like insurance
Psalms 121	You are leaving home for a trip
Psalms 87	You are praying for yourself
Joshua 1	You require courage for a task
Mark 10:17-31	Inflation/investments hog thoughts
Psalms 27	You are depressive
Psalms 37	Your bank account is empty
Corinthians 13	You lose faith in mankind
John 15	It looks like people are unfriendly
Psalms 126	You are losing hope
Psalms 19	You feel the world is small compared to you
John 15	You want to carry fruit
Colossians 3:12-17	Paul's secret for happiness
Isaiah 55	With big opportunity/discovery
Romans 12	To get along with other people
ALTERNATE NUMBERS	
Psalms 3:47	For dealing with fear, call
Psalms 121:3	For security, call
Mark 8:35	For assurance, call
Psalms 145:18	For reassurance, call

All of these numbers may be phoned directly
No Operator assistance is necessary
All lines to Heaven are available 24 hours a day
**FEED YOUR FAITH AND
DOUBT WILL STARVE TO DEATH**

Old Testament

1. Genesis
2. Exodus
3. Leviticus
4. Numbers
5. Deuteronomy
6. Joshua
7. Judges
8. Ruth
9. 1 Samuel
10. 2 Samuel
11. 1 Kings
12. 2 Kings
13. 1 Chronicles
14. 2 Chronicles
15. Ezra
16. Nehemiah
17. Esther
18. Job
19. Psalms
20. Proverbs
21. Ecclesiastes
22. Song of Solomon
23. Isaiah
24. Jeremiah
25. Lamentations
26. Ezekiel
27. Daniel
28. Hosea
29. Joel
30. Amos
31. Obadiah
32. Jonah
33. Micah
34. Nahum
35. Habakkuk
36. Zephaniah
37. Haggai
38. Zechariah
39. Malachi

New Testament

1. Matthew
2. Mark
3. Luke
4. John
5. Acts
6. Romans
7. 1 Corinthians
8. 2 Corinthians
9. Galatians
10. Ephesians
11. Philippians
12. Colossians
13. 1 Thessalonians
14. 2 Thessalonians
15. 1 Timothy
16. 2 Timothy
17. Titus
18. Philemon
19. Hebrews
20. James
21. 1 Peter
22. 2 Peter
23. 1 John
24. 2 John
25. 3 John
26. Jude
27. Revelation

I am an imperfect being,
living in an
imperfect world,
Loved by a perfect God,
Who sees me
as complete in Him!
How can I go wrong!

I am just a Body,
Trying to tell Everybody
About Somebody
Who can Save Anybody!



SOMETHING TO THINK ABOUT!

A holy man was having a conversation with the Lord one day and said, "Lord, I would like to know what Heaven and Hell are like." The Lord led the holy man to two doors. He opened one of the doors and the holy man looked in. In the middle of the room was a large round table. In the middle of the table was a large pot of stew, which smelled delicious and made the holy man's mouth water. The people sitting around the table were thin and sickly. They appeared to be famished. They were holding spoons with very long handles that were strapped to their arms and each found it possible to reach into the pot of stew and take a spoonful, but because the handle was longer than their arms, they could not get the spoons back into their mouths. The holy man shuddered at the sight of their misery and suffering. The Lord said, "You have seen Hell." They went to the next room and opened the door. It was the same as the first one. There was the large round table with the large pot of stew, which made the holy man's mouth water. The people were equipped with the same long-handled spoons, but here the people were well nourished and plump, laughing and talking. The holy man said, "I don't understand." It is simple" said the Lord, "it requires but one skill. You see, they have learned to feed each other, while the greedy think only of themselves."

When Jesus died on the cross

He was thinking of you!

WHERE WILL IT ALL END?

Four-year-old Angelo wakes up and discovers that his new beagle puppy has chewed up his plastic guitar. The little fellow has a fit of grief. Mom's nerves tighten. She snaps at husband Tony as he leaves for the office. Still feeling the unhappy send-off, Tony greets his secretary with some cold and unreasonable instructions. She picks up the mood, and at coffee break tells off a fellow secretary. At closing time, the second secretary tells her boss she is ready to quit. An hour-and-a-half later, after fighting heavy traffic, the boss walks into his house and blurts out an angry word to little Nelson, who had left his bike in the driveway. Nelson runs to his room, slams the door, and kicks his Scottish terrier. Where does it all end? Each person may think he or she had reason to be upset. But, what was needed in this imaginary situation, was one person who would absorb unjust treatment without lashing out. This is when Christians have a unique opportunity. By knowing the Father's will, by heeding the Son's example, and by relying on the Spirit's help, we can endure bad treatment in order to show others a better way. In chain reactions of frustration and anger, we can be where it all ends.

It was a hasty, thoughtless word, sarcastic and unkind, that chilled the day and dimmed its light and left a sting behind.

When you are wronged, do not do what comes naturally; do what comes supernaturally.

1 Peter 2:18-25 tells us: "Slaves, submit yourselves to your masters with all respect, not only to those who

are good and considerate, but also to those who are harsh. For it is commendable if a man bears up under the pain of unjust suffering because he is conscious of God. But how is it to your credit if you receive a beating for doing wrong and endure it? But if you suffer for doing good and you endure it, this is commendable before God. To this you were called, because Christ suffered for you, leaving you an example, that you should follow in his steps. "He committed no sin, and no deceit was found in his mouth." When they hurled their insults at him, he did not retaliate; when he suffered, he made no threats. Instead, he entrusted himself to him who judges justly. He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed. For you were like sheep going astray, but now you have returned to the Shepherd and Overseer of your souls".

*When a person's temper gets the best of him,
It often reveals the worst of him.*

*Let nothing be done through selfish ambition
or conceit, but in lowliness of mind let each
esteem others better than himself. *Philippians 2:3**

*Happiness keeps You Sweet,
Trials keep You Strong,
Sorrows keep You Human,
Failures keep You Humble,
Success keeps You Glowing,
But Only God keeps You Going!*