

# FRESH NOTES

## ABYSSINIA BAPTIST CHURCH

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**Christian Fellowship  
Is Essential To Spiritual Growth!**  
**We Invite You To Come Fellowship With Us & Be  
Blessed By The Word!**

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### TELEVISION COMMERCIALS

A fifth grade teacher in a Christian school asked her class to look at TV commercials and see if they could use them in some way to communicate ideas about God. Here are some of the results: **GOD IS LIKE...:**

**BAYER ASPIRIN**, He works miracles.

**FORD**, He has a better idea.

**COKE**, He is the real thing.

**HALLMARK**, He cares enough to send His very best.

**TIDE**, He gets the stains out that others leave behind.

**GENERAL ELECTRIC**, He brings good things to life.

**SEARS**, He has everything.

**ALKA-SELTZER**, Try Him you will like Him.

**SCOTCH TAPE**, you cannot see Him, but you know He is there.

**DELTA**, He is ready when you are.

**ALLSTATE**, you are in good hands with Him,

**VO-5 Hair Spray**, He holds through all kinds of weather.

**DIAL SOAP**, Aren't you glad you have Him? Don't you wish everybody did?

**POST OFFICE**, neither rain, nor snow, nor sleet nor ice will keep Him from His appointed destination.

**CHEVROLET**, the heartbeat of America.

**MAXWELL HOUSE**, Good to the very last drop.

**BOUNTY**, He is the quicker picker upper who can handle the toughest jobs and He won't fall apart on you.

### EMERGENCY TELEPHONE NUMBERS

**The following are more effective than 911.  
All of these numbers may be phoned directly  
No Operator assistance is necessary  
All lines to Heaven are available 24 hours a day**

#### CALL....

John 14	When You are sad
Psalms 1	When You have sinned
Psalms 91	When You are facing danger
Psalms 27	When people have failed you
Psalms 139	When it feels as though God is far from you
Hebrews 11	When Your faith needs stimulation
Psalms 23	When You are alone and scared
Matthew 8:34	When You are worried
1 Corinthians 13	When You are hurt and critical
2 Corinthians 5:15-18	When You wonder about Christianity
Romans 8:31-39	When You feel like an outcast
Matthew 11:25-30	When You are seeking peace
Psalms 90	When You feel the world is bigger than God
Romans 8:1-30	When You need Christ like insurance
Psalms 121	When You are leaving home for a trip
Psalms 87	When You are praying for yourself
Joshua 1	When You require courage for a task
Mark 10:17-31	For Inflation/investments hog thoughts
Psalms 27	When You are depressed
Psalms 37	When Your bank account is empty
Corinthians 13	When You lose faith in mankind
John 15	When people are unfriendly
Psalms 126	When You are losing hope
Psalms 19	When You feel the world is small compared to you
Colossians 3:12-17	For Paul's secret for happiness
Isaiah 55	With big opportunity/discovery
Romans 12	To get along with other people
Psalms 3:47	For dealing with fear
Psalms 121:3	For security
Mark 8:35	For assurance
Psalms 145:18	For reassurance

**FEED YOUR FAITH AND  
DOUBT WILL STARVE TO DEATH**

### Old Testament

- Genesis
- Exodus
- Leviticus
- Numbers
- Deuteronomy
- Joshua
- Judges
- Ruth
- 1 Samuel
- 2 Samuel
- 1 Kings
- 2 Kings
- 1 Chronicles
- 2 Chronicles
- Ezra
- Nehemiah
- Esther
- Job
- Psalms
- Proverbs
- Ecclesiastes
- Song of Solomon
- Isaiah
- Jeremiah
- Lamentations
- Ezekiel
- Daniel
- Hosea
- Joel
- Amos
- Obadiah
- Jonah
- Micah
- Nahum
- Habakkuk
- Zephaniah
- Haggai
- Zechariah
- Malachi

### New Testament

- Matthew
  - Mark
  - Luke
  - John
  - Acts
  - Romans
  - 1 Corinthians
  - 2 Corinthians
  - Galatians
  - Ephesians
  - Philippians
  - Colossians
  - 1 Thessalonians
  - 2 Thessalonians
  - 1 Timothy
  - 2 Timothy
  - Titus
  - Philemon
  - Hebrews
  - James
  - 1 Peter
  - 2 Peter
  - 1 John
  - 2 John
  - 3 John
  - Jude
  - Revelation
- I am an imperfect being,  
living in an  
imperfect world,  
Loved by a perfect God,  
Who sees me  
as complete in Him!  
How can I go wrong!
- I am just a Body,  
Trying to tell Everybody  
About Somebody  
Who can Save Anybody!

HAPPY BIRTHDAY

August Saints!





## GRANDMA'S HANDS

Grandma, some ninety plus years, sat feebly on the patio bench. She didn't move, just sat with her head down staring at her hands. When I sat down beside her she didn't acknowledge my presence and the longer I sat I wondered if she was OK. Finally, not really wanting to disturb her but wanting to check on her at the same time, I asked her if she was OK. She raised her head, looked at me, and smiled. "Yes, I'm fine, thank you for asking," she said in a clear strong voice. "I didn't mean to disturb you, Grandma, but you were just sitting here staring at your hands and I wanted to make sure you were OK," I explained to her. "Have you ever looked at your hands?" she asked. "I mean really looked at your hands?" I slowly opened my hands and stared down at them. I turned them over, palms up and then palms down. No, I guess I had never really looked at my hands as I tried to figure out the point she was making. Grandma smiled and related the following story: "Stop and think for a moment about the hands you have, how they have served you well throughout your years." These hands, though wrinkled, shriveled and weak have been the tools I have used all my life to reach out and grab and embrace life. They braced and caught my fall when as a toddler I crashed upon the floor. They put food in my mouth and clothes on my back. As a child, my mother taught me to fold them in prayer. They tied my shoes and pulled on my boots. "They held my husband and wiped my tears when he went off to war. They have been dirty, scraped and raw, swollen and bent. "They were uneasy and clumsy when I tried to hold my newborn son. Decorated with my wedding band they showed the world that I was married and loved someone special. "They wrote my letters to him and trembled and shook when I buried my parents and spouse. They have

held my children and grandchildren, consoled neighbors, and shook in fists of anger when I didn't understand. They have covered my face, combed my hair, and washed and cleansed the rest of my body. "They have been sticky and wet, bent and broken, dried and raw. And to this day when not much of anything else of me works real well these hands hold me up, lay me down, and again continue to fold in prayer. "These hands are the mark of where I've been and the ruggedness of life. But more importantly it will be these hands that God will reach out and take when he leads me home. And with my hands He will lift me to His side and there I will use these hands to touch the face of Christ." I will never look at my hands the same again. God reached out, took my grandma's hands, and led her home. When my hands are hurt or sore or when I stroke the face of my loved ones I think of Grandma. I know she has been held by the hands of God. And I, too, want to touch the face of God and feel His hands upon my face.

## A WORD FROM THE WISE

**WHOEVER GUARDS HIS MOUTH  
AND TONGUE KEEPS HIS SOUL  
FROM TROUBLES.  
PROVERBS 21:23**



The early church" (*Gal. 2:9*), recognized the great destructive power and the danger of an uncontrolled tongue. He was not alone. Men and women in many cultures have warned us about the need to guard our speech. This bit of verse by an unknown writer says it well: "The boneless tongue, so small and weak, can crush and kill," declared the Greek. The Persian proverb wisely saith, "A lengthy tongue, an early death." Sometimes it takes this form instead: "Don't let your tongue cut off your head." While Arab sages this impart: "The tongue's great storehouse is the heart." From Hebrew wit, the maxim's sprung: "Though feet should slip, don't let the tongue." A verse from Scripture crowns the whole: "Who keeps the tongue doth keep his soul." Is it any wonder that James likened the tongue to a little fire that sets a great

forest ablaze, or to the very small rudder, that turns a mighty ship in a storm? (*James 3:4-6*).

O Lord, help us to learn a lesson from the wise. Help us to hold our tongue and not let it slip. There are some silent people whose praises should be sung; they preach a mighty sermon by guarding well their tongue.

***Wise is the person who knows what to say  
And when to say it.***

## TAMING THE TONGUE

James 3:1-12

***"Not many of you should presume to be teachers, my brothers, because you know that we who teach will be judged more strictly. We all stumble in many ways. If anyone is never at fault in what he says, he is a perfect man, able to keep his whole body in check. When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell. All kinds of animals, birds, reptiles and creatures of the sea are being tamed and have been tamed by man, but no man can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse men, who have been made in God's likeness. Out of the same mouth come praise and cursing. My brothers, this should not be. Can both fresh water and salt water flow from the same spring? My brothers, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water."***